



HELPING KIDS UNDER 6 COPE WITH DEPLOYMENT

This 2hr program was designed in response to an increasing number of requests from parents for strategies and ideas to help with supporting their children under 6 years to cope with their parents absence on deployment.

Topics covered are:

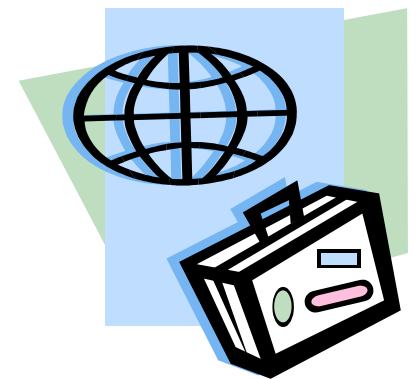
- ☺ Before, During and After experiences of separations
- ☺ Kids experiences of deployment
- ☺ Emotional Cycle of Deployment
- ☺ Normal reactions to Stress
- ☺ Managing kids behaviour
- ☺ Parent interventions



It is facilitated by Defence Social Workers.

Details

When: Please contact DCO to register your interest on 07 40539300 or email dco.cairns@defence.gov.au



Childcare may be provided if required so please mention this when you register your interest.