

Helping Kids Under 6 to Cope with Deployment



This two hour program has been designed in response to an increasing number of requests from parents for strategies and ideas to help with supporting their children under 6 years to cope with their parents absence due to deployment

Topics Covered

- Before, During & After experiences of separations
- Kids experiences of deployment
- Emotional Cycle of Deployment
- Normal reactions to stress
- Managing kids behaviour
- Parent intervention

Please contact DCO Cairns to place your name on the waitlist

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